

Volunteer Opportunities for Prehealth Students

As a prehealth student, you have chosen a rewarding and challenging career path. You are committing yourself to the compassionate care of others. Medical and other professional health schools expect that you have made an informed decision, are oriented toward service to others and have educated yourself about the profession which you intend to enter. Additionally, there should be a natural curiosity and enthusiasm on your part to have exposure to relevant medical settings. Volunteer and service work help assure you that you have made the right decision. Consider the following words applicable to ALL students considering a health profession: “Professional schools will forever seek students who communicate effectively, who rigorously pursue intellectual intelligence, and who find purpose, satisfaction, and dignity in human service.” ~Mike Magee, MD

PUBLIC TRANSPORTATION BETWEEN UB & LOCAL HOSPITALS:

Go to: NFTA-Metro Trip Planner: http://www.nfta.com/metro/trip_planner.asp

1. Choose your departure and arrival locations (you can select several “popular locations” from a drop-down menu, including UB North Campus, South Campus, University Station (Metro Rail), & a number of local hospitals).
2. Select the date & time of your trip.
3. Decide how far you want to walk.
4. Decide what you most want to minimize (time, transfers, or walking) & specify if you need any accommodations.

Please be safe – Consider volunteering with a buddy & be familiar with your surroundings, especially in the evenings/at night.

- *Ask a security officer at your volunteer site to escort you to your car or bus/subway stop.*
- *Go to http://subboard.com/he/artf/walk_stations.asp for information about having a safety walker escort you to your destination on North or South Campus.*
- *Go to <http://subboard.com/he/artf/shuttle.asp> for information about the South Campus Safety Shuttle.*

GENERAL CONTACTS:

Center for Student Leadership & Community Engagement

<http://www.leadership.buffalo.edu/volopp.shtml>

Central Referral Services at Erie County

www.211wny.org/ Click on Erie County – Search by Keyword

- *1. Put in a keyword pertaining to the type of volunteering/volunteer placement you are interested in (e.g., nursing)
2. Select Find Program/Agency
3. You will see all agencies providing this services with links.

United Way of Buffalo and Erie County Volunteer Center

742 Delaware Avenue, Buffalo, NY 14209

(716) 887-2690

<http://www.uwbec.org/content/pages/volunteercenter.php>

Medical Profession

- ✓ AIDS Community Services –
206 S Elmwood, Buffalo, NY 14201
(716) 847-2441
<http://www.aidscommunityservices.com/>
- ✓ Alpha Epsilon Delta (AED)
<http://wings.buffalo.edu/sa/aed>
- ✓ Aspire of Western New York (formerly United Cerebral Palsy Association)
2356 North Forest Road, Getzville, NY 14068
(716) 505-5500
<http://www.aspirewny.org/>
- ✓ Association for Premedical Students (APMS)
<http://wings.buffalo.edu/sa/apms>
- ✓ Autistic Services
4444 Bryant Stratton Way, Williamsville NY 14221
(716) 631-5777
<http://www.autisticservices.org/>
- ✓ Benedict House
2211 Main Street, Buffalo, NY 14214-2648
(716) 834-4940
<http://www.benedicthouse.org/>
- ✓ Camp Good Days and Special Times
1332 Pittsford-Mendon Rd., Mendon , NY 14506-9984
(800)-785-2135 or (585) 624-5555
<http://www.campgooddays.org/>
- ✓ Erie County Medical Center (ECMC)
462 Grider Street, Buffalo, NY 14215
(716) 898-3000
<http://www.ecmc.edu/>
- ✓ Homeless Shelters
 - City Mission
100 East Tupper, Buffalo, NY 14203
(716) 854-8181
<http://www.buffalomission.org/>
 - Friends of the Night People
394 Hudson Street, Buffalo NY 14201
(716) 884-5375
<http://www.friendsofnightpeople.com/>
- ✓ Hospice of Erie County
225 Como Park Blvd., Cheektowaga, NY 14227
(716) 686-1900
<http://www.hospicebuffalo.org/>
- ✓ Hospice of Niagara County
4675 Sunset Dr., Lockport, NY 14094
(716) 439-4417
<http://www.niagarahospice.org/>

- ✓ Kaleida Hospitals: <http://www.kaleidahealth.org/index.asp>
 Download & print the application from the website above (make sure you have the Adult application), then give your *entire completed application* to one of the prehealth advisors & we will mail it to the appropriate hospital on your behalf. Please be advised that your completed application should include a **letter of recommendation. UB periodically hosts volunteer orientation sessions.**
 - Buffalo General Hospital
 100 High Street, Buffalo, NY 14203
 (716) 859-2603
<http://bgh.kaleidahealth.org/>
 - DeGraff
 445 Tremont Avenue, North Tonawanda, NY 14120
 (716) 690-2088
<http://degraff.kaleidahealth.org/>
 - Millard Fillmore Hospitals
 - Gates Circle
 3 Gates Circle, Buffalo, NY 14209
 (716) 887-4900
<http://gates.kaleidahealth.org/>
 - Suburban
 1540 Maple Road, Williamsville, NY 14221
 (716) 568-3820
<http://suburban.kaleidahealth.org/>
 - Women’s and Children’s Hospital
 219 Bryant Street, Buffalo, NY 14222
 (716) 878-7241
<http://wchob.org/index.asp>
- ✓ Nursing Homes
 - Elderwood (various locations)
<http://www.elderwood.com/locations/heathwood.php>
- ✓ Physician Shadowing
 (forms and information available at <http://wings.buffalo.edu/sa/apms>)
- ✓ Public Health Agencies
- ✓ Research Laboratories
 - Center for Undergraduate Research & Creative Activities
<http://curca.buffalo.edu/>
 - UB and Affiliated Research Centers
www.buffalo.edu/resarch/body.html
- ✓ Roswell Park Cancer Institute
 Elm and Carlton Streets, Buffalo, NY 14263
 1-877-ASK-RPCI (1-877-275-7724)
<http://www.roswellpark.org/>
- ✓ Sister’s Hospital (DO residency site)
 2157 Main St., Buffalo, NY 14214
 (716) 862-1990
<http://www.chsbuffalo.org/Home/PhysicianRecruitment/Education/OsteopathicTrainingProgram>
- ✓ Veteran’s Administration (VA) Hospital (across from South Campus)
 3495 Bailey Ave., Buffalo, NY 14215
 (716) 834-9200
<http://www.buffalo.va.gov/>
 Must have social security number

Dental Profession

- ✓ Buffalo General Hospital
100 High Street, Buffalo, NY 14203
(716) 859-2603
<http://bgh.kaleidahealth.org/>
- ✓ Erie County Medical Center (ECMC) Dental Clinic
462 Grider, Buffalo, NY 14215
(716) 898-3000
Call directly and ask for the Volunteer Coordinator
- ✓ Private Practices
Call office first; have a resume available
Network through family friends, neighbors, relatives in the dental profession
(e.g., dentist, hygienist, assistant, secretary)
- ✓ UB's School of Dental Medicine Clinical Observation Program
For Information contact: Robin Comeau, 829-2836; rcomeau@buffalo.edu
<http://www.sdm.buffalo.edu/clinic/COP.html>
- ✓ Women's and Children's Hospital
219 Bryant, Buffalo, NY 14222
(716) 878-7241
Call directly and ask for the Volunteer Coordinator

Veterinary Profession

- ✓ Animal Shelters
 - SPCA of Erie County
<http://www.yourspca.org/site/PageServer>
 - Northtowns Shelter
205 Ensminger Road, Tonawanda, NY 14150
(716) 875-7360
 - Southtowns Shelter
1439 Pontiac Road, Angola, NY 14006
(716) 549-5300
 - SPCA of Niagara County
2100 Lockport Road, Niagara Falls, NY 14304
(716) 731-4368
<http://www.niagaraspca.org/>
- ✓ Buffalo Animal Shelter
380 North Oak Street, Buffalo, NY 14203
716-851-5694
<http://members.petfinder.com/~NY341/index.html>
- ✓ Emergency Veterinary Clinics
 - Amherst, 4949 Main Street
(716) 839-4043
 - Orchard Park, 3507 Orchard Park Road
(716) 662-6660
 - Grand Island, 2323 Whitehaven Road
(716) 773-7645
- ✓ General and breed specific animal rescue organizations
<http://www.petfinder.com>
Click on "Find Animal Welfare Groups" (left side) and search by your zip code.
- ✓ Try "Pets911" <http://pets911.buffalo.com/>
On the left side – click either "Shelters & Rescues" or "Volunteer"
- ✓ Buffalo Zoological Gardens
300 Parkside Ave., Buffalo, NY 14214
(716) 837-3900
<http://www.buffalozoo.org/>

- ✓ Niagara Falls Aquarium
701 Whirlpool St., Niagara Falls, NY 14301
(716) 285-3575
<http://www.aquariumofniagara.org/>
- ✓ Veterinary Offices

Chiropractic Profession

- ✓ Dr. Allison Cummings
Sweethome and North French Roads
(716) 210-1060
See Prehealth Advisor for application
- ✓ Dr. Thomas G. Lyons & Dr. Elizabeth T. Lyons
1622 Hopkins Rd.
Williamsville, NY 14221
Ph: (716) 689-0766 / Fax: (716) 689-0767
- ✓ Dr. Patrick O'Neill
616 Potomac Avenue
Buffalo, NY 14222
(716) 884-4450
See Prehealth Advisor for application

Optometry Profession

- ✓ JCPenney's Optical
<http://www.jcpennyoptical.com/>
- ✓ LensCrafters
<http://www.lenscrafters.com/>
- ✓ Pearle Vision
<http://www.pearlevision.com/>
- ✓ Private Offices
- ✓ Sterling Optical
<http://www.sterlingoptical.com/>
- ✓ Walmart Stores
<http://www.walmart.com/catalog/catalog.gsp?cat=5432&path=0%3A5432>

Podiatry Profession

- ✓ Private Offices
- ✓ Samuel Ruggiero, DPM
 - Cheektowaga
(716) 896-6262
 - Clarence
(716) 759-6005
 See Prehealth Advisor first